**Introducing…the Sparks Developmental Track Program!!**

The Hershey Blaze Track Club will still offer our competitive indoor training program in 2015 but now has a NEW option to introduce others to this exciting sport. HBTC and the Derry Township Parks & Recreation Department have partnered to deliver a new and exciting Non-Competitive track and field developmental program for 2015.

The Sparks Developmental Track Program is a non-competitive program for children interested in learning more about the sport of track & field. It is designed to expose kids ages 4-14 of all athletic abilities to the skills and events. Team practices and activities focus on increasing endurance, establishing lifelong fitness habits, team support of individual goals and offering each participant an opportunity to experience the power of a strong self-image. Most of all, they are meant for all of the kids to have fun.

**Sparks Primary Team**

Children Ages 4-8 years

Mondays & Wednesdays 6-6:45pm

MEM./RES. $35 NON-RES. $40

The children will participate in a wide variety of running, jumping and throwing activities. This program centers around physical activity and how it relates to a healthy and happy lifestyle. Designed for fun fitness, and participation. The children will be able to participate in a mock meet midway through their session and a “championship” meet at the conclusion of the 6-week program. There will also be an ice cream party to celebrate their accomplishments

**Sparks Intermediate Team**

Children Ages 9-14 years

Mondays & Wednesdays 7-7:45pm

MEM./RES. $35 NON-RES. $40

The children will participate in a wide variety of running, jumping and throwing activities. The kids will learn the basics fundamentals teaching proper form, stretching and participate in a variety of exercises. Like the Primary group, this program also centers around physical activity and the development of a healthy and happy lifestyle, but also begins to help the kids become more interested in competing competitively on school and club teams. The children will be able to participate in a mock meet as well as a “championship meet” at the conclusion of the 6-week program.

There will be 2 five week sessions for the Derry Twp Sparks Indoor Track Program.

Indoor Session 1- Dec 29-Jan 28

Indoor Session 2- Feb 2-Mar 4

Registration includes:

Sparks Track Program T Shirt

Mock Meet

Participation Certificate

Ice Cream Party

\*Championship Meet has a $5 Entry Fee Sponsored by Victory Track Alliance & HBTC

Registration is now open for Sparks Developmental Track Program at the Derry Township Dept. of Parks & Recreation. Registration can be found in their newsletter [here](http://www.derrytownship.org/images/stories/contenting/documents/parks_and_rec/parksnewsletter.pdf) on page 22.

**Competitive Track & Field Team**

For those who are more performance oriented the Hershey Blaze Track Club offers an opportunity to qualify for a series of regional and national events. During the winter, HBTC offers coaching and winter conditioning in additional to our sessions. For more information on this program and qualifying standards please contact Coach Alan Paynter at (717)508-4446 or go to [www.hersheyblazetc.org](http://www.hersheyblazetc.org) to be directed to the webpage. Participants in Sparks will be given a 10% discount on their Hershey Blaze TC membership. HBTC registration will also include a current USATF national membership which can be used for spring/ summer track as well as cross country.