

2018 YOUTH FREEDOM GAMES

RUNNING EVENT STRAIGHTAWAY

12:00 p.m.	55m Hurdles (Youngest to Oldest, Alternating Girls Boys) – 8 Heats
12:30 p.m.	55m Dash (Youngest to Oldest, Alternating Girls Boys) – 44 Heats

RUNNING EVENT OVAL

11:00 a.m.	Racewalk Clinic
11:30 a.m.	Racewalk (All Divisions) – 1 Heat
11:45 p.m.	3000m Run (Youngest to Oldest, Alternating Girls Boys) – 4 Heats
12:45 p.m.	200m Dash (Youngest to Oldest, Alternating Girls Boys) – 79 Heats
1:55 p.m.	1000m Run (Youngest to Oldest, Alternating Girls Boys) – 16 Heats
3:10 p.m.	Sprint Medley Relay (400-200-200-800) (Youngest to Oldest, Alternating Girls Boys) – 4 Heats

FIELD EVENT

12:00 p.m.	Long Jump Boys & Girls (Youngest to Oldest, Alternating Girls Boys) – 164 Jumpers
12:00 p.m.	Shot Put Boys & Girls (Youngest to Oldest, Alternating Girls Boys) – 50 Throwers
1:30 p.m.	High Jump Boys & Girls (Youngest to Oldest, Alternating Girls Boys) – 33 Jumpers
Following LJ	Triple Jump Boys & Girls (Youngest to Oldest, Alternating Girls Boys) - Jumpers



