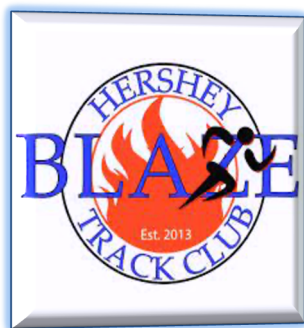


Hershey Blaze Track Club Meet Information Sheet



Suburban Developmental League Championships

Saturday, May 27, 2023 Start Time: 9:00am
Plymouth Whitemarsh High School
Plymouth Meeting, PA
Hosted by Conshohocken Electric Force Track Club

Event and Check-in Information

Please plan to arrive by no later than 8:15am. The track will be open for warmups until the start of the meet. Team stretching will take place at 8:30am.

There will be a team tent area located in the stadium area (map below). Families are encouraged to contribute snacks, fruit, drinks, etc. to share with the team.

All athletes must listen for the announcements. Calls will be as follows: 1st Call, 2nd Call, Final Call. If an athlete has not reported by this time he/she will be scratched.

No parents or coaches will be allowed in the clerking area.

Athletes must report to their event RACE READY. (*spikes are on and no warm ups should be worn*)

Please pay special attention to the following: Coaches and athletes will be asked to stay away from the finish line as a FAT system will be in use.

Spikes: If wearing spikes, it is recommended that 1/4-inch spikes be used.

Entry Procedures and Limits: Athletes may compete in 3 events. In the field, three attempts, no finals. There will be no finals in the running events. Times will determine the place, regardless of the heat.

Timing Services: Fully automatic timing, live track and field results, and meet results will be provided.

Meet Schedule

Saturday, May 27th

First Call Track & Field events begin at 9am

Track events will run Girls followed by Boys unless otherwise noted

1600m Run - All Divisions Oldest to youngest

55m Dash - 4 and under G/B

100m Dash- All Divisions youngest to oldest

400m Dash - All Divisions youngest to oldest

200M Dash - All Divisions youngest to oldest

800m Run- All Divisions youngest to oldest

Field Events Start 9:00AM

Long Jump- All Divisions youngest to oldest

Shot Put- All Divisions youngest to oldest

IMPLEMENTS

Meet Management will provide implements if any.

AWARDS

Top 3 in all divisions will be given medals. Ribbons to the next 4-8. Awards will be picked up at the end of the meet by the Head Coaches only.

Directions:

To the stadium: Plymouth Whitemarsh High School

The Stadium is located directly behind Plymouth Whitemarsh High School. The High School address is:

**201 E Germantown Pike, Plymouth
Meeting, PA 19462**

*We will plan to set up Blaze tents in the area shown with an orange triangle on inside of the stadium fencing area.

Coaching Contacts

Coach Paynter- (717)222-9626

Jennifer Paynter- (717)222-9687

Coach Dave- (717) 648-6898

