

Blaze Trackfest Meet

Sunday, June 23, 2019 11:00 am

Registration will start at 10:00 am. The track will also be open for warmups

Coaches/ Parent Meeting at 10:45 am

Field Events

Field events may start 15-30 min. prior to the running events Long Jump, Shot Put, Discus and Javelin will run continuously throughout the meet while following a schedule listed on the next page.

Please be sure that to report during 1st and 2nd call for all events. Track events will take priority over field events.

Order of Track Events

Track events will start promptly at 11:00 am with youngest to oldest age groups. Girls will go first. To save time- age groups may be combined if the heats are small.

1500-meter Run 80/100m Hurdles 100-meter Dash 50 Meter Dash 4x100-meter Relay 400-meter Dash "Blaze Special Event"

Break

800-meter Run 200-meter Dash 4x400-meter Relay Parents & Coaches vs Kids Relay

Long Jump Schedule

| 11:00am- 12:00pm | 8 years & Under | Pit 1 |
|------------------|--------------------------|-------|
| | 9-10 year old | Pit 2 |
| 12-12:30 pm | 15-16 year olds | Pit 1 |
| 12:30pm- 2:00pm | n- 2:00pm 11-12 year old | |
| | 13-14 year olds | Pit 2 |

Throwing Events Schedule

| Shot Put | 11:00- 12:00 | Open Circle |
|----------|--------------|-------------|
| Discus | 12:15- 1:00 | Open Circle |
| Javelin | 1:15- 2:00 | Open |