

Registration will start at 8:00 am. The track will also be open for warmups
Coaches/ Parent Meeting at 8:45 am

## Field Events

Field events may start $15-30 \mathrm{~min}$. prior to the running events
Long Jump and Javelin will run continuously throughout the meet while following an age group schedule.

Please be sure that to report during $1^{\text {st }}$ and $2^{\text {nd }}$ call for all events. Track events will take priority over field events however, athletes may return later to finish their field event with no penalty.

## Order of Track Events

Track events will start promptly at 9:00 am with youngest to oldest age groups. Girls will go first. To save time- age groups may be combined if the heats are small.
*Please note that Blaze Academy athletes will be competing at the beginning of each event prior to the U8 Age Groups

50 meter $\operatorname{dash}(8 \&$ under $)$
1500 meter run
100 meter dash
4x100 -meter Relay
400-meter Dash
15min Break
800-meter Run
200-meter Dash
4x400-meter Relay
Parents \& Coaches vs Kids Relay

## Long Jump Schedule

8:00am-10:00am 11-12 year-olds Pit 1
13-14 year olds Pit 2
10:00am- 12:00 pm
8 years \& under Pit 1
9-10 year olds Pit 2

Throwing Events Schedule

Turbo Javelin 9:00-10:30am 10 and under

Aero Javelin 10:30-12:00pm 11-14 year old

